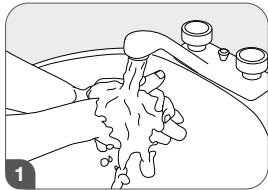
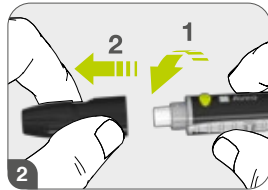




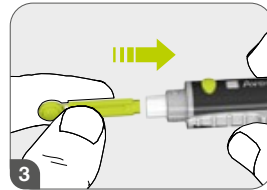
## Preparation



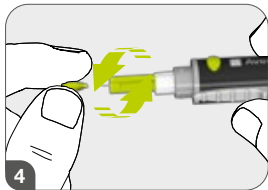
1 Wash and dry hands.



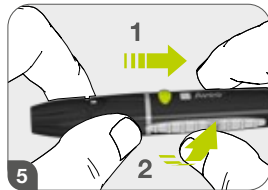
2 Take off the end cap by turning both parts smoothly in opposite directions.



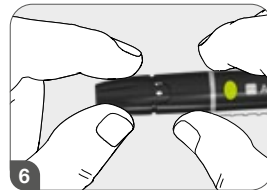
3 Insert the lancet.



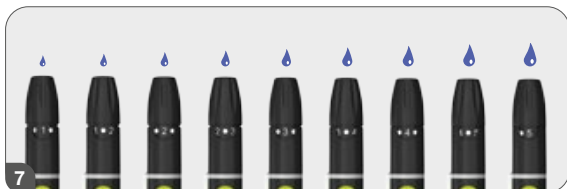
4 Twist off the protective lancet cap and put it aside.



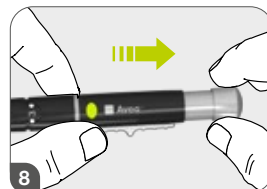
5 Put the device cap back on.



6 Set the puncture depth.



7 A total of 9 depths are available. 1 for soft or thin skin; 3 for average skin; 5 for thick or calloused skin. Finer adjustments can be made by using the grid between 1, 3 and 5.



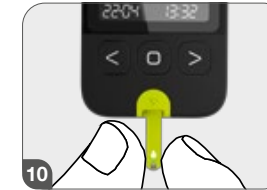
8 Prime the lancet device by pulling the sliding barrel.



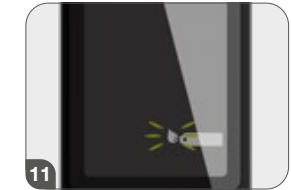
## Blood glucose measurement



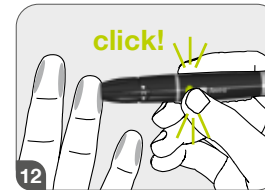
9 Take the test strip out of the vial and close the vial.



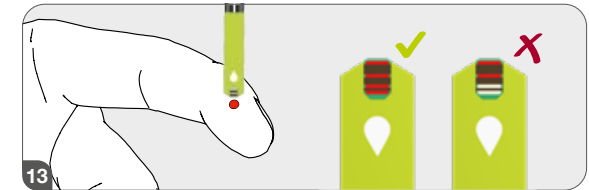
10 Insert the test strip. The meter starts automatically.



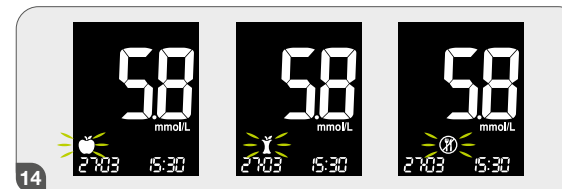
11 Wait until the symbol "Apply blood" appears.



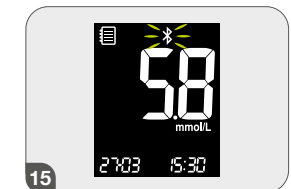
12 Obtain a blood sample by pricking your finger.



13 Apply blood vertically.



14 You can choose between the pre-meal marker 🍏 (which is flashing by default), a post-meal marker 🍴, a fasting marker 🕒 or no marker.



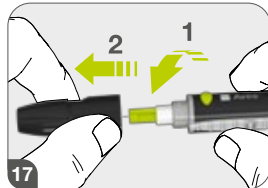
15 Data will be transmitted to the mylife™ App automatically (Bluetooth® must be turned on and the meter paired).



 **Finish**



**16** Slide down the bar on the backside of the meter to eject the test strip for disposal.



**17** Remove the end cap by turning both parts smoothly in opposite directions.



**18** Stick the lancet into the saved protective cap of the lancet.



**19** Push the lancet ejector forward with your thumb to dispose of the used lancet.



- The lancet is single use only. Never share or reuse a lancet.
- Used test strips and lancets are potentially hazardous. Please dispose of used test strips and lancets properly in compliance with local regulations.

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Ypsomed Ltd. // 1 Park Court // Riccall Road // Escrick // North Yorkshire // YO19 6ED //  
 info@ypsomed.co.uk // www.mylife-diabetescare.co.uk // Customer Care: 0344 856 7820  
 (Calls to this number are free of charge from mobile phones and landlines, plus your phone company's access charge.)

Ypsomed Australia PTY Limited // 602/20 Bungan St // Mona Vale NSW 2103 //  
 info@mylife-diabetescare.com.au // www.mylife-diabetescare.com.au // Customer Care Free Call: 1800 447 042